

MOLINO DEL REY YOGA RETREAT JOROX, 29567 ALOZAINA MÁLAGA, SPAIN

TRANSFORM YOUR LIFE

ARRIVAL SUNDAY APRIL 28/ LEAVE FRIDAY MAY 3RD

WORKSHOPS (2-3 HOURS EACH)

How to define a happy and fulfilled life for you

How to transform limiting beliefs into freedom declarations

How to set goals for an epic life on your terms

Epic Relationships - They start with you

Only You can claim your worth

ADDITIONAL PROGRAM

Morning and Evening Group Meditations (10-30min, I show you the meditations I personally use to get into alligment more and more)

Group Hiking

Yoga Space and Equipment are provided (no classes)

SPA THERAPIES AND MASSAGES CAN BE ADDITIONALLY BOOKED; GROUP AIRPORT TRANSPORTATION IN PLANNING